# Hearing Loss and Usher Syndrome

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#### Overview

- Childhood hearing loss
  - How we measure hearing
  - Review of audiograms
  - Medical evaluation
  - Management of children with HL
- Usher Syndrome and hearing loss

# Milestones in diagnosis of childhood hearing loss

- 1960's Auditory brainstem response testing
- 1980s Automated auditory testing – ABR and EOAE
- 1999 Walsh Bill
- 2000's Early Hearing loss Diagnosis Detection and Intervention (EHDDI)
  - Screening by 1 month
  - Diagnosis by 3 months
  - Intervention by 6 months



#### How we measure hearing

Type of test	Requirements	Advantages	Disadvantages
Physiologic tests		-Ear specific responses -Does not require	-Requires sedation over 6 months of age
ABR, BSER, BAER EOAE	Sleep or quiet	patient cooperation -Correlates well with behavioral responses	-physiologic response







#### How we measure hearing

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Physiologic tests ABR, BSER, BAER EOAE	Sleep or quiet	-Ear specific responses -Does not require patient cooperation -Correlates well with behavioral responses	-Requires sedation over 6 months of age -physiologic response
Behavioral VRA-visual reinforced audiometry CPA-conditioned play audiometry CA-conventional audiometry	>6 months old Cooperative	Gold standard for assessment of hearing	Patient must be developmentally ready to understand the test







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#### **Example Audiograms**







#### Medical evaluation of childhood hearing loss

- History
- Physical examination
- Characterization of hearing loss
- Imaging studies
  - CT and/or MRI scans
- Tests for specific causes of hearing loss
  - CMV testing
  - Genetic tests
- Tests to look for associated problems
  - Balance testing
  - Ophthalmologic evaluation
  - Electrocardiogram
  - Renal ultrasound
  - Thyroid function studies
  - Others

### **Childhood Hearing Loss**



#### **CT** scans









#### Management of children with hearing loss

- Early intervention/exposure to language
- Amplification
  - Hearing aids and cochlear implants
  - FM systems
- Accommodations in the school setting

# **Diagnosis of Usher Syndrome**

- Family history
- Congenital bilateral profound hearing loss and bilateral vestibular arreflexia
- ERG
- Clinical presentation
- Genetic testing (looking for one of 11 loci on 9 different genes)
  - Otochip
  - Otoscope

#### Childhood Hearing Loss: Cochlear implantation

- Indications/guidelines
  - No significant speech benefit from appropriately fit hearing aids
  - 12 months of age
  - Absence of medical contraindications
- Emerging trends in Cl
  - Bilateral Cl
  - Earlier age
  - Lesser degrees of HL





#### **Hearing loss and US1**



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#### Aided hearing and US1



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#### CI and US 1



# **Usher Syndrome and hearing loss**

- CHILDHOOD HEARING LOSS IN USA
  - 1-3/1000 newborns have severe to profound HL
  - 2-5/1000 newborns have milder degrees of HL
  - over 90% of children with hearing loss have parents with normal hearing.
- USHER SYNDROME ACCOUNTS FOR:
  - about 1:23,000 in USA
  - 3-6% of children with hearing loss in USA
  - 50% of people with deaf-blindness in USA
  - the most common recessively inherited form of syndromic hearing loss.

#### **Hearing loss and Usher Syndrome**

US Type	Hearing	Vision	Balance	Genes
Type I B,C,D,E,F,G,H,J, K	Congenital Bilateral Profound	RP Progessive loss	Congenital Bilateral Arreflexia	MYO7A, CDH23, PCDH15, USH1C, USH1G
Type II	Congenital Bilateral High frequency	RP Adolescent to adult onset	Normal	USH2A, GPR98, DFNB31
Type III	Postlingual Bilateral Progressive	RP Late onset	Variable Progressive	CLRN1

#### How the ear functions



# How the ear functions – microscopically









# How the ear functions – molecularly









# **Usher Syndrome Type 1**

- USH 1B *MYO7A*
- USH1C USH1C
- USH1D *CDH23*
- USH1E unknown
- USH1F PCDH15
- USH1G USH1G
- USH1H unknown
- USH1J CIB2
- USH1K unknown



### **Usher Syndrome and hearing loss**

Genetic therapies for US hearing loss are not yet available.

 Understanding the molecular mechanisms of hearing loss will pave the way for biologic interventions.

#### Childhood hearing loss: Seattle Children's Hospital

- Hearing Loss Clinic
  - Audiologists
  - Counselor
  - Developmental pediatrician
  - Education specialist
  - Genetic counselor
  - Nursing
  - Otolaryngologist

