USHER INSPIRATION
FROM DREAMS TO ACTION

DARIO SORGATO
USH Connections Conference - Philadelphia

#YellowTheWorld
Italian, 41 y.o.
Living in Berlin, Germany
Diagnosed with Usher Syndrome at 17 y.o.
Designer, Blogger, Vlogger, Social Activist
GREAT PASSION FOR TRAVELLING.
"Travel is nothing but the most peripheral shock wave of a deeper motion, like the outer circle caused by a stone thrown into the pond."

Sabino Chialà
2004 - 2005

AUSTRALIA
NEW ZEALAND
CAPE TOWN TO HAVANA
2008 - 2010
#YellowTheWorld
Mount Kilimanjaro
Congratulations
You are now at Muhuru Peak Tanzania, 5895 m Asl
Africa's
World's Highest
One of the World's
World Heritage Sites

Negev Desert
Barbara, 3 October 2017

Google Map
2015

EVEREST BASE CAMP
2016
THE GODS LIKE IT YELLOW
TREKKING FROM BOLOGNA TO FLORENCE
2018
AN INCLUSIVE TANDEM RIDE
THE DONKEYS LIKE IT YELLOW
2019

NEPTUNE LIKES IT YELLOW
WOW!
THAT’S SO INSPIRING!
AND ME?
THE POWER OF USHER SYNDROME

We are aware of our unique perception of the world.
WE NEED TO EDUCATE OUR MIND TO EMPOWER THE DETAILS OF WHAT WE SEE AND HEAR
THE SENSES ARE CHANNELS TO PROVIDE INFORMATION BUT LOW VISION AND HEARING LOSS CANNOT LIMIT OUR IMAGINATION.
WE CAN BE OF INSPIRATION TO OTHERS not only to other Usher people
USHER SYNDROME IS SURELY A BURDEN IN DAILY LIFE. CAN IT PREVENT US FROM DREAMING?
A DREAM DOES NOT HAVE TO BE EXTRAORDINARY

OUR LIVES ARE ALREADY EXCEPTIONAL JUST BECAUSE WE ARE UNIQUE
WE ARE UNIQUE
NOT
BECAUSE WE ARE USHER
HOW CAN WE TURN DREAMS INTO ACTION?
GOOGLE IT!

how to turn dreams into action

Cerca con Google  Mi sento fortunato
1. **Believe It.** To achieve a big **dream** you need to believe in it yourself.
2. **Take Daily Actions.** Dreaming is nothing without action.
3. **Put a Time Frame to It.**
4. **Dream** Big and Vividly.
5. Ignore the Naysayers.
6. Share Your **Dream** with Others.
7. Drop Your Expectations.
9. Make Room for Your Big Dream
10. **Keep the Momentum Going**
how to turn dreams into action if you have usher syndrome
DO YOU HAVE A DREAM?

Although they say it is better to have a clear dream and clear goals, START SOMEWHERE, SOMEHOW.
Do not hide behind the “I don’t have money” excuse. There are several ways to find money.
Set your priorities and invest time on what really matters to you.
CONNECT WITH OTHERS

We are a big community and we need to go beyond the country/regional barriers.
BE (A BIT) SELFISH

Do things YOU like!
RESEARCH, STUDY, LEARN.

There are countless tools available to support your dream. Just dig them out.
YOUR LOCAL COMMUNITY

Friends and family are the first who can support you.
DON’T WAIT

Is it a bakery? a coffee shop? a cycling trip? a parachute jump? a painting course? TODAY is your NEW TOMORROW
REACH OUT

- ME!
- Other Organizations
- Online Community
AM I THERE YET?

LUCKILY NOT!

IT IS A JOURNEY AND TODAY WE ARE HERE BECAUSE WE WANT TO TRAVEL TOGETHER.
TRAVELLING IN A GROUP, IN THE NATURE WITH OTHER USHER/non-USHER PEOPLE >> LIFE CHANGING OPPORTUNITY
BE VISIONARY
BE NOISYVISIONARY