## USHER INSPIRATION FROM DREAMS TO ACTION



### **ABOUT**



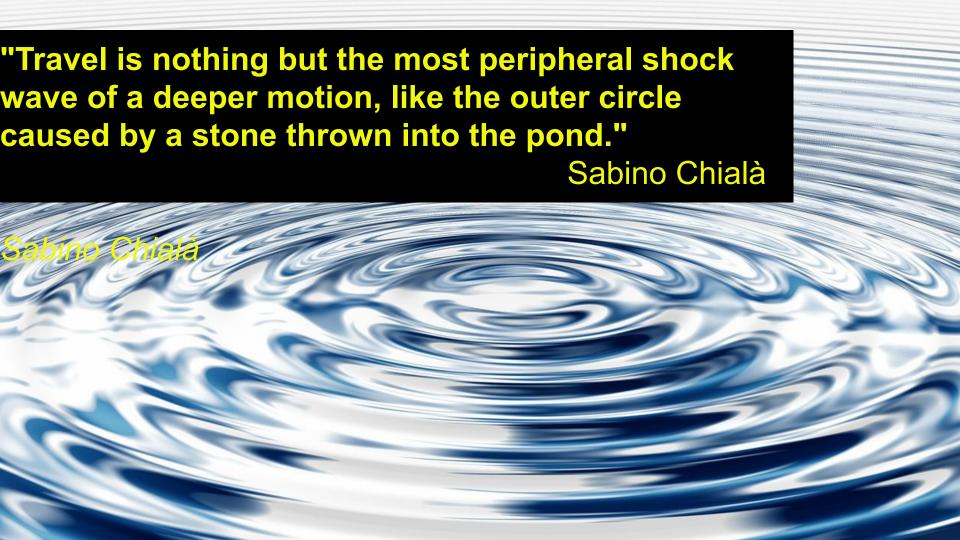
Italian, 41 y.o.

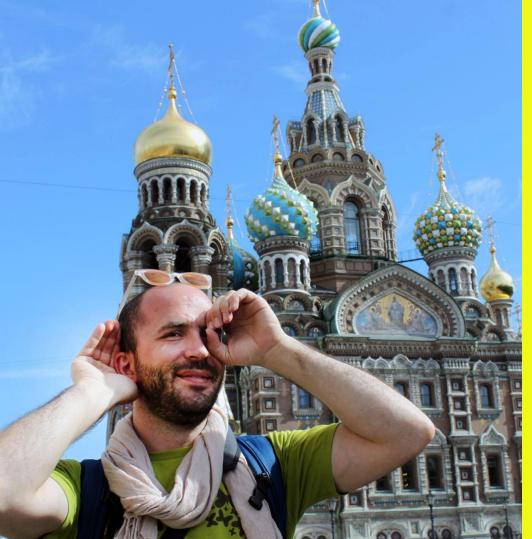
Living in Berlin, Germany

Diagnosed with Usher Syndrome at 17 y.o.

Designer, Blogger, Vlogger, Social Activist

GREAT PASSION FOR TRAVELLING.







### 2004 - 2005



### AUSTRALIA NEW ZEALAND







Dario Sorgato

#### UN ANNO IN OTTO ORE





### 2006 - 2007



### **CAMINO DE SANTIAGO**







Dario Sorgato

#### TEMPO LENTO





### 2008 - 2010



### **CAPE TOWN TO HAVANA**











we don't see the problem.



### #YellowTheWorld



### #YellowTheWorld





#### Negev Desert

Barbara, 3 October 2017 22





### **EVEREST BASE CAMP**

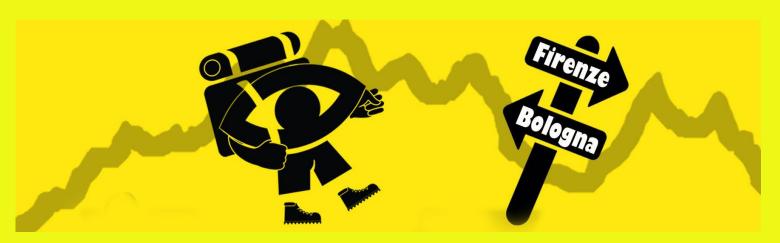








## THE GODS LIKE IT YELLOW TREKKING FROM BOLOGNA TO FLORENCE



# 2017 ColliceLAND



# 2017 COLCANO ETNA





### **AN INCLUSIVE TANDEM RIDE**



## 

#### THE DONKEYS LIKE IT YELLOW





### **USH2019 CONNECTIONS CONFERENCE**



### **NEPTUNE LIKES IT YELLOW**



## WOW! THAT'S SO INSPIRING!



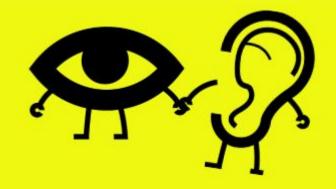
## AND ME?



## THE POWER OF USHER SYNDROME

We are aware of our unique perception of the world

WE NEED TO EDUCATE OUR MIND TO EMPOWER THE **DETAILS OF WHAT** WE SEE AND HEAR



THE SENSES ARE CHANNELS TO PROVIDE INFORMATION BUT LOW VISION AND HEARING LOSS CANNOT LIMIT OUR IMAGINATION

## WE CAN BE OF INSPIRATION TO OTHERS

not only to other Usher people

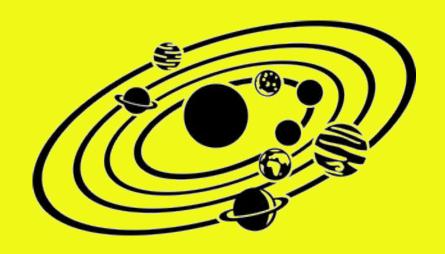
## USHER SYNDROME IS SURELY A BURDEN IN DAILY LIFE

## CAN IT PREVENT US FROM DREAMING?

### A DREAM DOES NOT HAVE TO BE EXTRAORDINARY

OUR LIVES ARE ALREADY
EXCEPTIONAL JUST BECAUSE
WE ARE UNIQUE

## WE ARE UNIQUE NOT BECAUSE WE ARE USHER



### HOW CAN WE TURN DREAMS INTO ACTION?

#### GOOGLE IT!



- Believe It. To achieve a big dream you need to believe in it yourself.
- 2. **Take Daily Actions.** Dreaming is nothing without action.
- 3. Put a Time Frame to It.
- 4. **Dream** Big and Vividly.
- 5. Ignore the Naysayers.
- 6. Share Your **Dream** with Others.
- 7. Drop Your Expectations.
- 8. Adopt an Inevitability Mind-set.
- 9. Make Room for Your Big Dream
- 10. Keep the Momentum Going

#### GOOGLE IT?

how to turn dreams into action if you have usher syndrome 🤳



Cerca con Google

Mi sento fortunato



#### DO YOU HAVE A DREAM?

Although they say it is better to have a clear dream and clear goals, START SOMEWHERE, SOMEHOW.

#### MONEY

Do not hide behind the "I don't have money" excuse. There are several ways to find money

### TIME

Set your priorities and invest time on what really matters to you.

#### **CONNECT WITH OTHERS**

We are a big community and we need to go beyond the country/regional barriers.

#### BE (A BIT) SELFISH

#### Do things YOU like!

#### RESEARCH, STUDY, LEARN.

There are countless tools available to support your dream. Just dig them out.

#### YOUR LOCAL COMMUNITY

Friends and family are the first who can support you.

#### **DON'T WAIT**

Is it a bakery? a coffee shop? a cycling trip? a parachute jump? a painting course? TODAY is your NEW TOMORROW

#### **REACH OUT**

- ME!
- Other Organizations
- Online Community

### AM I THERE YET?

**LUCKILY NOT!** IT IS A JOURNEY AND TODAY WE ARE HERE BECAUSE WE WANT TO TRAVEL TOGETHER.

# TRAVELLING IN A GROUP, IN THE NATURE WITH OTHER USHER/non-USHER PEOPLE >> LIFE CHANGING OPPORTUNITY







## BE VISIONARY BE NOISYVISIONARY



### www.noisyvision.org dario@noisyvision.org

